

Student Wellness Policy Assessment

Site: Recess at Aines - 5710 Sponsor: Renaissance Charter School, INC.

Section 1	Fully in Place	Partially in Place	Under Development	Not in Place
<u>Nutrition Education and Promotion</u>				
Health education taught in all grades	✓			
Sequential health education curriculum consistent with standards	/			
Essential topics on physical activity	/			
Essential topics on healthy eating	/			

Section 2	Fully in Place	Partially in Place	Under Development	Not in Place
<u>School-based Activities Designed to Promote Student Wellness</u>				
Provide adequate time for students to eat breakfast (at least 10 minutes)	/			
Provide adequate time for students to eat lunch (at least 20 minutes)	/			
Access to free drinking water	/			
Access to hand washing before meals and snacks	/			

Section 3	Fully in Place	Partially in Place	Under Development	Not in Place
<u>Physical Activity</u>				
Recess	✓			
Adequate physical activity facilities	/			
Adequate time for physical activity	/			
Prohibit using physical activity as punishment	/			

Section 4	Fully in Place	Partially in Place	Under Development	Not in Place
<u>Nutrition Guidelines for Foods Sold During the School Day</u>				
All foods offered or sold during the school day meet strong nutritional standards	/			
All beverages offered or sold during the school day meet strong nutritional standards	/			
Fundraising efforts during school hours meet strong nutritional standards	✓			
Prohibit using food as punishment	/			

<p><i>Daniel C. Verdier</i> Name</p>	<p><i>Daniel C. Verdier</i> Signature</p>	<p>12/8/16 Date</p>
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